DO YOU FORGET TO TAKE YOUR MEDS?
OR GET YOUR REFILL?
GREEN SHIELD CANADA (GSC) WANTS TO HELP...

STICK2IT.CA
REGISTER TODAY – ALL YOU NEED IS YOUR GSC ID NUMBER. IT CAN BE FOUND ON YOUR GSC ID CARD WHICH IS THE SAME CARD YOU USE AT THE PHARMACY OR AT ANY OF YOUR BENEFIT PROVIDERS.
Some of us are just forgetful sometimes; some are forgetful all the time when it comes to taking medication. Maybe you could use some help remembering when to take it. That’s where GSC’s new automated service can help you out.

It will remind you to take your high blood pressure or cholesterol medication anytime and anywhere you want. You decide when and how you’ll get it – text, email, or phone.

Just go to stick2it.ca or call 1.855.395.3365 and register. It’s easy, it’s convenient – you’ll wonder what you ever did without it!

(And see the enclosed brochure provided by the Heart & Stroke Foundation to learn more about healthy living.)