Job description and expectations
Job Title: Personal Trainer, The Zone Fitness Centre

Job Qualifications
1. Brock University full-time undergraduate student (enrolled in at least 3 full courses) or graduate student
2. Nationally recognized current Personal Training certification. All certifications are subject to the approval of the fitness centre manager.
3. Current CPR & First Aid certifications
4. Knowledge of the facilities and programs offered at the Walker Complex.
5. Proven excellence in customer service

Responsibilities of the Position will include but are not limited to:
1. Provide members with superior customer service & deliver current comprehensive fitness and health programming & information.
2. Actively supervise members and ensure they are working out in a safe and effective manner.
3. Maintain optimal operation of the facility through daily cleaning and maintenance checks.
4. Advocacy for staff and member rights and privileges as they pertain to Zone operations (ie. uphold and enforce regulations).
5. Provide ongoing input and feedback on operations and programming within the Zone.
6. Uphold the behaviours of a fitness professional and Brock representative.
7. Ensure that all equipment is working properly. Record any improperly functioning equipment information in the maintenance book, and inform the Fitness Centre Manager.
8. Keep floor, exits and elevator area clear of any hazards (ie. cords, magazines, equipment, spills, etc.)
9. Assist in the organization and implementation of various programs/workshops offered throughout the year as needed.
10. Ensure all disinfectant bottles are full and machines are equipped with clean towels.
11. Practice safe exercise techniques when working out on your own time. Be aware that members recognize you and may often model their own exercise behaviours after yours.
12. All other duties as assigned.

Conditions of Employment:
1. All required certifications must be kept up to date and on file
2. Attend all required professional development opportunities (including staff meetings, workshops, and training).
3. Must maintain status as full time undergraduate or graduate student
4. Brock University is required to meet compliance with the Accessibility Standards for Customer Service (Ontario Regulation 429/07). All Brock University Recreation Services student employees must complete the required online training module <u>prior to</u> commencing employment

Pay Scale as of September 2012: $10.25 - $ 16.15 per hour

Applications Deadline: 4:30pm on Feb. 1, 2013 at the Welcome Desk, Walker Complex.