

## COURSE INFORMATION GUIDE

### CHYS 3P09

#### Culture and Mental Health of Children/Youth

**Important:** The information contained in this guide is not equivalent to the course syllabus. It is intended to provide students with more information about scheduled courses than is provided through the undergraduate calendar. Keep in mind that it is prepared well in advance of the final courses preparation and merely provides an early idea about course objectives, content, and structure. In some cases this guide may be based on a previous year's course and not be reflective of the coming year's offering. Do not purchase texts or acquire readings based on the information guide.

**Instructor:** Bill Helmeczi

**Course Description:** This course will focus on environmental risk factors which impact upon the etiology and trajectories of childhood and youth behavioural/emotional disorders. The influence culture, gender, and race/ethnicity have on children and youth with mental health or emotional disorders will be explored. The course will utilize relevant research to facilitate an understanding of the topic. The course will examine how the various forms of media impact on culture, gender, and race/ethnicity.

**Course Objectives:** This course has three primary objectives: i) to identify and explore the major theoretical, methodological, and empirical issues; ii) to explore current cultural, gender, race/ethnicity pressures that may be associated with child and youth behavioral and emotional disorders; and iii) to enhance students' critical thinking skills through discussions and hands-on learning opportunities. At the end of the course, students will appreciate the environmental risk factors that impact upon the trajectory of childhood and youth behavioral/emotional disorders.

#### Course Evaluation:

<b>Reflection Paper</b>	<b>20%</b>
<b>Term Paper</b>	<b>20%</b>
<b>Media Examination Paper</b>	<b>20%</b>
<b>Participation</b>	<b>10%</b>
<b>Discussion Questions (4)</b>	<b>5%</b>
<b>Final Exam</b>	<b>25%</b>

**Additional Information:** The course will use classroom discussion, review and examination of messages in current media formats, group activities, and formal lectures.