



Brock University  
Department of Residences  
Living Learning Communities

## LLC Updates

In this edition you will find updates from each of the six LLC's. The Peer Mentors have been hard at work to make sure that you all have an amazing first year experience at Brock and in residence!

Thank you to everyone who completed the Residence Life Survey. The results are in and the feedback you provided about your LLC experience so far has been given to your Peer Mentor.

### Upcoming January Events:

- ◆ January 13-17th—Frost Week!
- ◆ January 13th—RLS Mixer, Pond Inlet, 10pm
- ◆ January 18th—Dons' Ball (ticketed event)
- ◆ January 19th—Don applications are due at 11:59pm



Some of the Volunteerism and Leadership students with gifts for Julia.

Thank you to all of those who were able to contribute toward our gifts for Community Care of St. Catharines and Thorold. You have definitely made a little girl's Christmas bright!

*If you have any questions, concerns or comments about the LLC's, please email me at [aziegler@brocku.ca](mailto:aziegler@brocku.ca)!*

## Updates –Academic Communities



Our accounting community is ending the semester strong after working hard over the past few months. Together we have attended several presentations and events to get ourselves ahead of the game and build those valuable connections for the future. Our interview workshop was especially helpful in giving us tips for networking with employers and securing that co-op placement. Our living learning community has really grown together over this past semester and although we focus on academics, having fun and interacting amongst one another is equally important. We want to take advantage of the opportunities that Brock offers, but we also hold weekly study sessions and meetings for us all to come together as an LLC to really feel that sense of community.

### Accounting

In the second half of the semester Amie (Accounting LLC Leader) and I brought in two professors, Hoover (Department of Finance) and Mackenzie (Department of Management and Marketing) to speak to our students on success from their point of view, their career path, some critical decisions they made, their experiences to date and etc. The purpose of these presentations was to show these students two individuals who have made it and consider themselves successful even though they took different directions. It was important for them to realize that there is no magic formula to be successful; it requires hard work, determination, passion, and more than anything you must be willing to fail to succeed. They also had an opportunity to ask questions and a great opportunity to start building their network. I also organized economics study sessions to help the students. If you have any questions or concerns feel free to contact me at: [zs10oh@brocku.ca](mailto:zs10oh@brocku.ca)



### Business



This past semester has been amazing! So happy to have spent it with the Con-Ed LLC! The Con-Ed pizza night, making the stacking cups video, painting the Brock float, seeing the therapy dogs, and study hours on Monday nights have been a few of the highlights from this past year! I am super excited for next semester! We have a Concurrent Education Advisor coming in on the Thursday January 9<sup>th</sup> at 10:30 am – hope to see you there! Feel free to message me over the holidays if you have any suggestions for events!

### Concurrent Education

## Updates –Interest Communities

With the busy time of year upon us with papers and exams the Arts House has been sticking together and tackling the stress week by week.

We've had a few communal study sessions to keep the mood up while working, and for a bit of fun we helped host the Living Learning Get Together in late November. At the event we played a bunch of different Minute to Win It games and came in second place. We've also done some stress relief together using art therapy which helped to put out troubles and stresses in perspective with the good things in our lives. To end off the semester the whole Arts House participated in a Secret Santa gift exchange which was a lot of fun and we went to dinner together after! Now to start scheming for our activities next semester!



### Arts House



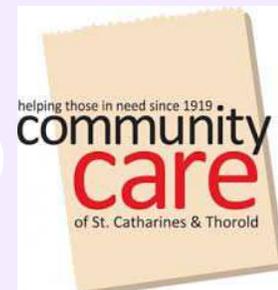
The Healthy Plans and Fitness Fans LLC have had a busy semester! During the second half of the semester, students have had the opportunity to attend various fitness classes including zumba, zumba-toning, and bootcamp (our favourite seems to be bootcamp so far!) Students were provided a healthy "Eat This Not That!" information sheet which focused on making healthier choices when you decide to go to a fast-food restaurant. For example, the sheet revealed that there are some hamburgers that are better for you than the alleged "healthier" wraps. The students and I enjoyed a couple of hikes throughout the Brock trails, but as the winter season rolled in, it made our adventures a little more challenging. The LLC and I also went to a Brock University men's hockey game against McGill University. Although they lost, it went into a nail-biting overtime and we all had fun! The LLC students also participated in the LLC Minute to Win It Event... and brought home the clock trophy! To wrap up the semester, I held a Christmas social and dinner in village. I made the students chicken spaghetti and salad along with light refreshments, and played games afterwards. Also, a Brock "Zone" trainer came in to speak to the students about opportunities in the Zone.

### Fitness Fans and Healthy Plans

As an LLC, we went for a visit to the Niagara Region RAFT youth shelter. At the RAFT we were able to tour the facility and make the clients a hot lunch. It was such a great experience to meet and interact with the local youth. It was very rewarding to see how a little bit of our time can make such a big difference in somebody else's day.

As a group along with some members of the Concurrent Education LLC we helped decorated gifts for Brock's holiday float. We had lots of fun even if we got a little messy!

Lastly, as an LLC we raised money for Community Care's Adopt an Angel program. Brock University's LLC's were able to donate gifts and clothing for Julia. Thank you so much to those of you those were able to donate. It's amazing how a little bit can go a long way! Happy holidays and best wishes for the New Year!



### Volunteerism and Leadership