PEKN 4P16: Exercise Programming for Spinal Cord Injury

Dr. David Ditor

APPLICATION INFORMATION

PEKN 4P16 provides students with valuable clinical experience that is highly relevant to careers in Therapy and Rehabilitation. Students will have the opportunity to work closely with individuals with spinal cord injury and learn how to use highly specialized accessible exercise equipment. Space is limited in this class because the spinal cord injury exercise program has approximately 15-20 community members, and each member will ideally work with only one or two students.

INSTRUCTIONS

All students must submit a typed letter indicating his/her interest in applying for admission into PEKN 4P16. The letter must include your Brock email address, and student number, and must be submitted to Dr. Ditor by **JUNE 1**ST OF THE ACADEMIC YEAR THAT YOU ARE

<u>APPLYING</u>. The letter should outline your interest and personal experience with disability (if any), as well as your career goals, your teaching experience and your coaching/training experience, if any. Please also indicate why you would like to take PEKN 4P16, what you can personally offer to this class and your philosophy toward exercise rehabilitation for special populations. **This letter should not exceed 1 page.**

In addition to the above letter, please attach documentation regarding:

- Your grade in PEKN 1P90 and PEKN 2P09
- First Aid/CPR certificate

Applications can be delivered in person or by email to Dr. Ditor (WC 249; dditor@brocku.ca).

REGISTRATION PROCESS

In order to register in this course students must be provided with an override by the Undergraduate Program Coordinator. The Undergraduate Program Coordinator will be provided with a list of successful applicants in order to provide overrides. You will be notified by email at the beginning of the Fall/Winter Registration period that you have been provided with an override and are permitted to register in the course through your Brock Portal system. Please contact the Undergraduate Coordinator for your status.

For more information contact Dr. Ditor at dditor@brocku.ca, or (905)688-5550 ext. 5338