

The Brock University logo, featuring the word "Brock" in white on a red rectangular background.

Faculty of Applied  
Health Sciences

# Kinesiology

It's your degree. Create your future.

*"Opportunity is awaiting you when you graduate from the Kinesiology program at Brock University. The knowledge and experience gained can lead to many different career fields that may surprise you."*

**Brianna Holmes**, BSc, MSc Kinesiology (2009), Brock University  
Learning and Development, TD Insurance

[brocku.ca/kin](http://brocku.ca/kin)

Brock's **Bachelor of Kinesiology & Bachelor of Science in Kinesiology** are among a limited number of programs in Canada to meet national accreditation standards, as set out by the Canadian Council of University Physical Education and Kinesiology Administrators

## Program Description

- Kinesiology is a science that studies the human body, and how it moves and functions. The current interest in this discipline reflects a growing understanding about how exercise affects overall health.
- Of our 30 faculty, two are Canadian Research Chairs and three have won 3M teaching awards. Faculty research interests range from pediatric exercise physiology to spinal cord injury rehabilitation to environmental ergonomics, exercise psychology and nutrition. This provides our students with qualified classroom instruction and a diverse range of research interests within the field of Kinesiology.
- We offer both a Bachelor of Kinesiology and a Bachelor of Science in Kinesiology. The Bachelor of Kinesiology emphasizes the biophysical, behavioural and socio-cultural aspects of Kinesiology while the Bachelor of Science in Kinesiology emphasizes research skills, theoretical knowledge, and provides a highly competent sciences background.
- Both programs prepare our students to pursue post graduate studies in a number of fields (Athletic Therapy, Medicine, Chiropractic, Midwifery, Physiotherapy, Masters of Arts or Science) or for professional practice in exercise therapy.

## Contact

[brocku.ca/kin](http://brocku.ca/kin)

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## Admission Requirements

### Bachelor of Kinesiology

- English (ENG4U)
- Biology (SBI4U)
- One 4U Math
- Strongly recommended:  
Exercise Science (PSE4U)
- OUAC Code: BPK

### Bachelor of Science (Kinesiology)

- English (ENG4U)
- Advanced Functions (MHF4U) or  
Calculus and Vectors (MCV4U) (min. 70%)
- Biology (SBI4U)
- Strongly recommended: Physics (SPH4U),  
Exercise Science (PSE4U), and Chemistry  
(SCH4U)
- OUAC Code: BSK

All applications and admissions are handled by the Office of Admissions:  
[admissions@brocku.ca](mailto:admissions@brocku.ca)

For students enrolled in another post-secondary institution, please consult with the Brock University Admissions office regarding admission criteria for transferring.

*"I chose Brock University for its well known Kinesiology program, its inviting small-school environment and its unique seminar and lab experience. I found that Brock really helped ease the transition from high school to university because there were so many help options available"*

**Tyler Collymore**, BSc. Kinesiology, Class of 2013

