



# Referral: What if You Get Sick?

# Student may visit or

#### 1. Student Health Services

Brock University Harrison Hall (Next to Campus Security) www.brocku.ca/healthservices/ Phone: (905) 688 - 5550 ext. 3243

Fax: (905) 688 - 6448

#### 2. Telehealth Ontario

A free, confidential telephone service you can call to get health advice or general health information from a Registered Nurse. 24 hours a day & services are offered in over 110 languages.

Phone: 1 (866) 797 - 0000 TDD phone: 1 (866) 797 - 0007

#### 3. Walk-in Clinics

Glenridge Walk-In Clinic (accepts UHIP) 209 Glenridge Ave., St Catharines Monday to Friday: 9am-8pm Weekends: 9am-3pm Phone: (289) 362 - 5333

Pelham Walk-In Clinic (charges \$64.05) 245 Pelham Road, St. Catharines Phone: (905) 988 - 1933 Monday to Friday: 9am - 8pm Weekends & Holidays: 9am - 3pm

Access MD (charges \$50.00) 532 Lake Street Unit 1. St. Catharines Phone: (905) 646 - 0015 Monday to Sunday: 9am - 5pm Also open weekends & statutory holidays

Minor Emergency (charges \$32.00) 180 Vine Street, St. Catharines Phone: (905) 641 - 7588 Monday to Friday: 9am - 9pm Saturday: 9am - 5pm Sunday & Holidays: 9am - 6pm

Garden City Family Health Team 121 Oakdale Avenue, St. Catharines Phone: (905) 685 - 8700

Monday & Thursday: 9am - 5pm Tuesday & Wednesday: 9am - 12pm

Friday: 9am - 4pm

145 Carlton Street, St. Catharines

Phone: (905) 685 - 4866 Monday to Thursday: 9am - 9pm

Friday: 9am - 5pm Saturday: 1pm - 4pm

#### 4. Dentist

Please note that UHIP has no dental coverage.

Niagara College Dental Clinic Welland Campus \*least expensive\* 300 Woodland Road, Welland Phone: (905) 735 - 2211 ext. 7758

# Glendale Dental Centre (accepts BUSU Health Plan)

305 Glendale Avenue, St. Catharines Phone: (905) 227 - 7007

Monday to Wednesday & Friday: 8am - 5pm Thursday: 8am - 8pm

#### Smith Dental (accepts BUSU Health Plan)

27 Church Street, St. Catharines Phone: (905) 684 - 2353 Monday to Friday: 8am - 5pm 12pm - 1:15pm closed

## 5. Optometrists

Please note persons under the age of 20 and over the age of 65 only receives one eye examination once every 12 months and this is covered by UHIP.

Please refer to the Yellow Pages regarding E: internationaloffice@brocku.ca optometrists in St. Catharines.

### 6. Emergency

Call 911 in case of an emergency that requires:

- Police
- Fire
- Ambulance

Go to the Niagara Health System St. Catharines Site **Emergency Department ONLY** in great emergency. Be sure to take your UHIP card with you.

For injury or illness that is urgent and life threatening. Niagara Health System St. Catharines Site 1200 Fourth Avenue. St. Catharines Phone: (905) 378-4647

Please go to http://minutescount.ca/en/st -catharines for more information

For more information about UHIP, please refer to www.uhip.ca

International Services & Programs Abroad **BROCK UNIVERSITY** 

St. Catharines, ON, L2S 3A1 P: (905) 688-5550 ext. 4785

F: (905) 688-2074