Alphies

Fresh and local dining, made just for you

Brock Dining Services

Appetizers

Crab Cakes
House made and served with garlic & chipotle aioli for dipping.
$8

Bruschetta
Local vine-ripened roma tomatoes, in house grown basil, topped with aged balsamic and shaved parmesan served on warmed herbed bread.
$8

A Plate For Two for Sharing
- Hummus, Roasted Red Pepper, Asiago & Artichoke Dips served with grilled pita points
- Golden Fried Spring Rolls
- Spanakopita

$12

Soups

French Onion
Artisan beef broth simmered with vidalia onion and sweet butter, with a hint of red wine, topped with a slice of French bread and Swiss cheese
$6

Chef's Feature
Daily chef creation
$5

Salads

Steak Salad
6 oz flat iron steak marinated then charbroiled to your liking on top of baby mixed greens, hot house tomatoes & cucumber, crumbled blue cheese and house vinaigrette
$13

Alphie's Own Chicken Salad
Rosemary marinated grilled chicken breast, nested in organic baby greens, pomegranate cranberries, candied pecans, and herbed goat cheese drizzled with our own house vinaigrette
$14

Build Your Own Quinoa Salad
Baby spinach, English cucumber, vine ripened cherry tomato, candied pecans, roasted & salted pumpkin seeds, sundried cranberries, goat cheese or crumbled blue cheese
$12

Beverages

Soft Drinks
Juice
Water
Local Beer & Wine
Coffee & Tea
Please view our beverage menu for more information.

Brock Dining Services
brocku.ca/dining-services
alphies@brocku.ca
(905) 688-5550 ext. 5272

Sandwiches

All sandwiches served with your choice of sweet potato batons, skin–on frites or house side salad.

Brings you Back
Grilled cheese made on thickly sliced artisan bread with aged white cheddar and provolone
$9

Peameal Bacon & Gouda Panini
Peameal Bacon thickly sliced and grilled topped with preserved Corn Relish and melted gouda served on a Panini
$9

Open Faced Baked Salmon
Baked salmon on top of a grilled flatbread with greens, sesame mayo and a side of Asian slaw
$10

Bistro Club
Charbroiled chicken breast or marinated Portobello cap with grilled avocado, bacon, hot house tomato, greens and garlic mayo
$11
Add cheese **$2**

Alfie's Burger
House made 6oz sirloin burger with double smoked cheddar, caramelized onions and our own chipotle barbecue sauce on a garlic butter grilled ciabatta
$12

Steak Sandwich
Grilled steak topped with fried onion, melted provolone cheese, lettuce, tomato & horseradish mayonnaise nested between a toasted panini bun.
$12

Mains

Steak and Guinness Pie
Slowly simmered tenderloin beef with Guinness ale, sweet onion & carrots, oven roasted tomatoes topped with buttery light pastry. Served with choice side salad.
$10

Eggplant Parmesan
In season eggplant, panko hand breaded and fried, topped with slow roasted tomato marinara and smoked gouda cheese served with a side salad & garlic toast.
$11

Chicken Fettuccini
Fettuccini with chicken, roasted vegetables, tender baby spinach, feta cheese and fresh basil pesto served with choice side salad & garlic toast.
$12

Baked Fish
Baked haddock fish fillets dipped in buttermilk, rolled in seasoned panko and baked to perfection. Served with a house side salad and fresh bun.
$11

Hours of Operation

Monday - Friday
11:30a.m. - 2:30p.m.

Reservations or Private Functions

For reservations, please contact Alphie's at 905.688.5550 ext. 3975.
To book your next private function at Alphie's Bistro, please contact Tanya Thorp 905.688.5550 ext. 5272.

Comments & Suggestions

Please visit our website www.brocku.ca/alphies or e-mail us at alphies@brocku.ca.

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