



## “Where Leaders Are Made”

**Hello Friends,**

**NEXTNiagara** is in the planning stages of creating a Toastmasters International club at One St. Paul, Suite 605 **Tuesdays from 4:30 pm to 5:30 pm**. Below you will find some information about Toastmasters International and the benefits of joining our club.

***Toastmasters International*** is the leading movement devoted to making effective oral communication a worldwide reality. In 1924, Toastmasters first meeting was held in a basement in a YMCA in Rancho Santa Margarita, California; Toastmasters now boasts more than 270,000 members in over 12,000 clubs in 108 countries.

Through its member clubs, Toastmasters International **helps men and women learn the arts of speaking, listening, and thinking** – vital skills that promote self-actualization, enhance leadership potential, foster human understanding, and contribute to the betterment of mankind.

**Toastmasters International’s core values are integrity, dedication to excellence, service to the member, and respect for the individual.**

As a not-for-profit organization Toastmasters is dedicated to providing professional affordable training. **Reading about Leadership and Communication is not enough, you need to practise** these skills and Toastmasters provides such an opportunity.

### **Benefits**

**As a result of joining Toastmasters and actively taking part, you will:**

- 1 Learn to communicate more effectively.
- 2 Become a better listener.
- 3 Improve your presentation skills.
- 4 Increase your leadership potential.
- 5 Become more successful in your career.
- 6 Build your ability to motivate and persuade.
- 7 Reach your professional and personal goals.
- 8 Increase your self-confidence.

## How Toastmasters Works

**At Toastmasters, members learn by speaking to groups and working with others in a supportive environment.** A typical Toastmasters club is made up of 20 to 30 people who meet once a week for approximately an hour. Each meeting gives **everyone an opportunity to practice:**

- Conducting meetings: Members learn how to plan and conduct meetings.
- Giving impromptu speeches: Members present one to two minute, impromptu speeches on random topics.
- Presenting prepared speeches: Two or more members present speeches based on projects from manuals in Toastmasters' proven communication and/or leadership programs. Projects cover topics such as speech organization, vocal variety, language, gestures and persuasion.
- Offering constructive evaluation: Every prepared speaker is assigned an evaluator who points out speech strengths and offers suggestions for improvement. All meeting roles are evaluated by a general evaluator to provide immediate and valuable feedback.

## The Tools You Use

Upon joining a Toastmasters club, each new member receives a variety of manuals and resources on how to become a better speaker. **There are also additional resources available online once you become a member.**

Toastmasters produces results. Around the world more than four million men and women of all ages and occupations have benefited from Toastmasters training. Thousands of corporations, community groups, universities, associations and government agencies now use Toastmasters training. Now you can too!

If you are interested in becoming a Toastmaster at our club, please provide us [your contact information](#) we will be in contact with additional information.

Membership fees are \$120.00 for one full year and includes: first 2 manuals, subscription to monthly Toastmasters magazine and registration with Toastmasters International with all the benefits.

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