

# Designated Smoking Areas

## What is a Designated Smoking Area?

Smoking is prohibited inside buildings and in most public areas of Brock University. Designated Smoking Areas are the few places relatively close to the buildings in which smokers are permitted to smoke. Where necessary, additional benches and ash/ trash receptacles have been installed to make these areas more comfortable for users. Signage that indicates the location of these Designated Smoking Areas will be installed around the campus.



## Why are there Designated Smoking Areas?

Smoking and exposure to second-hand smoke is a public health concern. For this reason, Brock University has gradually expanded its smoke free environment across campus over the last few years. Brock University recognizes however, that tobacco is an addictive substance and that it is very difficult for smokers to quit. Therefore, a number of Designated Smoking Areas continue to be made available across the campus. These will be reviewed and possibly reduced on an annual basis.

To review a copy of Brock University's Tobacco and Smoking Policy, please visit:

<http://www.brocku.ca/campus-security/policies-2>

## Where are the Designated Smoking Areas?

Designated Smoking Areas are identified by the green signs pictured above. There are 17 Designated Smoking Areas located across Brock Main Campus. The Designated Smoking Areas are located in the following places:

- Village Residence- centre of the courts
- Lowenberger Residence- North East exit beside lot B
- Kenmore Centre- corner of Village Road and University Road
- Welch Hall- South West corner
- Thistle Complex- North East corner
- Schmon Tower- Outside front by picnic tables
- Alumni Student Centre- Isaacs patio
- Mackenzie Chown- between B and C blocks, outside J block east entrance
- Decew Residence- north of Residence Road
- Vallee Residence- by the Gazebo
- Alan Earp Residence- North Entrance, by the rock garden
- Central Utilities Building- North East side
- 573 Glenridge Avenue- outside back entrance (East)
- International building- outside South West entrance
- East Academic- Outside Building 1
- Quarryview Residence- on the sidewalks surrounding the buildings

For a map of the designated smoking areas, download the campus map at

<http://www.brocku.ca/hr-ehs/environment-health-safety/life-safety>

## What resources does the University offer for quitting smoking?

The University offers programs, services, and resources to employees and students aimed at preventing smoking uptake, coping with tobacco addictions, and reducing or quitting smoking.

### Services for Employees:

Employee Family Assistance Program

Find information at:

<http://www.brocku.ca/hr-ehs/health-wellbeing>

## Services for Students:

### Leave The Pack Behind (LTPB)



Whether you smoke a little, a lot, or not at all, LTPB has something for you.

- info for people who do or don't want to quit
- DIY print and online programs
- quit kits that are proven effective
- the annual **wouldurather...** contest
- on-campus events
- carbon monoxide testing

LTPB is designed by young adults for young adults.  
*It's never pushy; it's never preachy!*

[www.LeaveThePackBehind.org](http://www.LeaveThePackBehind.org)

Find information at:

<http://www.brocku.ca/health-services>

<http://www.brocku.ca/student-services>

## Other resources:



CONNECT TO QUIT

[smokershelpline.ca](http://smokershelpline.ca)

1 877 513-5333

Smoker's Helpline has proven tips and tools to help you quit successfully. For free personalized and non-judgmental support, advice and information, connect to quit today.

Phone Support	Online Program	Text Messaging
		
Ready to talk about quitting? Call a Quit Specialist for free, confidential, one-to-one support.	Get free 24/7 access to a supportive community and self-help program. Monitor your progress with your Quit Meter.	Interactive text support with helpful messages for up to 13 weeks, depending on your quit date.

Whether you have already quit smoking or are thinking about quitting smoking, this web program and support community will give you the help you need to succeed!

